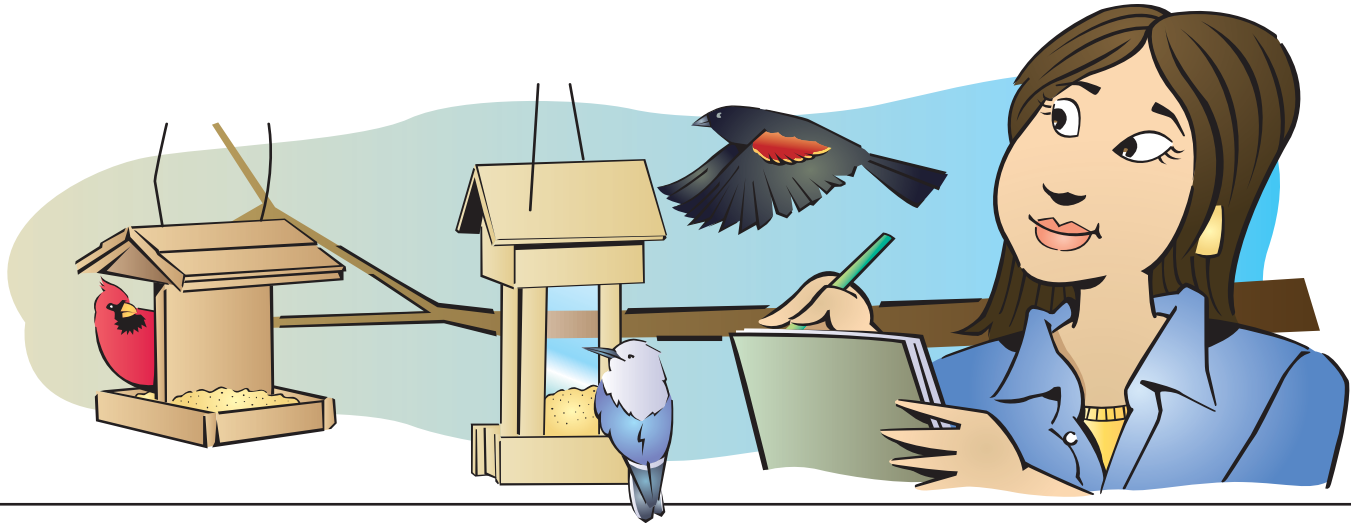


# Parent Pointers

## Calendar

A Service of the Newton County Schools



THE PARENT INSTITUTE®

### Parent Pointers Calendar

Middle School Parents  
*still make the difference!*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> Teach your child about alliteration (using words that start with the same sound). Example: Talk to Tom.	<b>2</b> Have you met your child's teachers? If not, set up an appointment soon.	<b>3</b> Middle schoolers like to make a difference. Help your child think of ways to help others.	<b>4</b> Remember that children learn from our actions more than our words. Focus on setting a good example.	<b>5</b> Help your child learn from a mistake. Ask, "What would you do differently next time?"	<b>6</b> Teach your child something new about manners. For example, how to take a detailed phone message.	<b>7</b> Say "I love you" in a new way. For example, do a surprise favor for your child.
<b>8</b> Read the Sunday paper with your child. Talk about articles that are interesting.	<b>9</b> Boredom can lead to drug and alcohol abuse. Help your child develop hobbies and interests.	<b>10</b> Turn off the TV for the day. With your preteen, use books, games, talking and exercise as entertainment.	<b>11</b> It's Veterans Day. Talk with your child about a war you remember.	<b>12</b> Have you discussed sex, drugs and other tough topics with your child? Make plans to do this.	<b>13</b> Before allowing your child to see a movie, read reviews of it or see it yourself.	<b>14</b> Listen to your child's favorite radio station. Ask him to point out his favorite songs.
<b>15</b> Meet the parents of your child's friends. Work as a team to keep your kids out of trouble.	<b>16</b> Have your child keep her backpack by the door. This prevents frantic searches in the morning.	<b>17</b> Notice things that cause your child stress. Help her find ways to deal with them.	<b>18</b> Suggest that your child use her allowance for three things: spending, saving and charity.	<b>19</b> Does your child use the Internet? Tell her not to reveal personal information online.	<b>20</b> What is your child's favorite thing to do? Make plans to do it together.	<b>21</b> Say something nice to your child, such as, "I'm happy to see you!"
<b>22</b> Make a new rule: Family members must be home for dinner. Eating together brings families closer.	<b>23</b> Next time your child misbehaves, use a consequence that teaches rather than punishes.	<b>24</b> Most middle schoolers do at least 45 minutes of homework a night. Is your child doing enough?	<b>25</b> Help your child think of ways to say "no" to drugs, such as, "I need to stay healthy for sports."	<b>26</b> At the dinner table, have each family member share something they're thankful for.	<b>27</b> Let your child see you reading often. This teaches that reading is important and fun.	<b>28</b> Think of something you admire about your child. Share this with her.
<b>29</b> Ask your child's opinion about something. For example, "Which outfit looks best on me?"	<b>30</b> Middle schoolers understand some sophisticated jokes. Try using puns and wordplay with your child.	<h1>November 2009</h1>				