

Parent Pointers

Calendar

Newton County Schools



THE
PARENT
INSTITUTE®

Parent Pointers

Calendar

Middle School
Parents
still make the difference!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January		1 Help your child set a goal and write a plan to achieve it.	2 Encourage your child to start a diary or journal.	3 Encourage healthy eating. Allow your child to choose some fruits and vegetables at the grocery store.	4 Make a list of the best times you had during the last year. Schedule time on the calendar to do those activities again.	5 Ask everyone to write down two positive things about each member of the family. Don't forget to include yourself.
6 Ask your child to brainstorm dinner ideas for the week.	7 Compliment your child on something about his appearance today.	8 Ask your child: "If you could change one thing about the world, what would it be?"	9 Take turns making statements with your child. Identify each one as either <i>fact</i> or <i>opinion</i> .	10 Post an inspiring quotation where your child will see it.	11 Let your child invite friends to stay for a family dinner. It's a great way to learn more about her peer group.	12 Suggest that your child write a letter to a relative, author, lawmaker or celebrity.
13 Middle schoolers need time alone with their thoughts and feelings. Suggest activities your child can do alone.	14 After your child takes notes, have him review them for key ideas. He can draw a picture to illustrate them.	15 Try to have a rhyming conversation with your child. It may be tough at first, but you'll get better!	16 Make up trivia questions about your family. Quiz one another at the dinner table.	17 Let your child take over a responsibility you've previously done for her. Present it as a positive step.	18 Has it been a hard week at school for your child? Go out together for a treat.	19 Visit the library and check out two copies of the same book for you and your child to read.
20 If you're making a big purchase, have your child help you research options and make the best choice.	21 Tell your child that school is his job. It's more important than sports, hobbies and TV.	22 Point out an example of prejudice to your child. Talk about ways to deal with intolerance.	23 Figure out the average of something with your child, such as family members' ages.	24 Don't use problems with homework as an excuse to criticize or argue with your child about other issues.	25 Show your child her baby book. Talk about how special she was—and still is.	26 Try a new recipe with your child. This helps him practice following directions.
27 Learn a new word at breakfast. Challenge family members to use it three times during the day.	28 Encourage your child to write a thank-you note to a favorite teacher.	29 Praise your child when she has studied hard. This will encourage her to keep it up.	30 List your priorities in life, including family. Does your schedule reflect what's most important?	31 Ask your child to compare your family's values to those of TV or movie characters. How are they different or alike?	2019	